



HOLY WEEK

LENT 6 – Sunday 24th March – PALM SUNDAY

- 8am Said Eucharist
 9.30am Sung Parish Communion with the Liturgy of Palms and Passion Narrative
 6pm Lenten Choral Meditation
Fauré Requiem
with the Choir of Hexham Abbey

Monday in Holy Week - 25th March

- 8.45am Morning Prayer at St George's
 9.30am Eucharist at St George's
 7.30pm Eucharist with homily at St Hilda's

Tuesday in Holy Week - 26th March

- 8.45am Morning Prayer at St Hilda's
 9.30am Eucharist at St Hilda's
 7.30pm Eucharist with homily at St Hilda's

Wednesday in Holy Week – 27th March

- 8.45am Morning Prayer at St George's
 9.30am Eucharist at St George's
 7.30pm Eucharist with homily at St Hilda's

MAUNDY THURSDAY – 28th March

- 8.45am Morning Prayer at St George's
 9.30am Eucharist at St George's
 7.30pm Liturgy of the Last Supper, with Foot Washing, and Watch

GOOD FRIDAY – 29th March

- 9.30am BCP Mattins at St Hilda's
 10.30am Outdoor Ecumenical Service of Witness on Acorn Road
 12noon Meditations at the Foot of the Cross: "The Instruments of the Passion" *concluding with*
 2pm Good Friday Liturgy

HOLY SATURDAY – 30th March

- 7.30pm Vigil of Easter Eve with Easter Fire

EASTER SUNDAY – 31st March

- 8am Said Eucharist
 9.30am Festal Sung Parish Communion with Brass Accompaniment



Lent has always been a time when Christians make that extra effort to engage with worship, prayer and deepening their faith. There are lots of opportunities at St George's and St Hilda's this year to do just that.

We would urge you, instead, perhaps, of "giving up" something this Lent, to "take up" something – by attending as much as you can of the rich and varied diet of services and study groups that follow.

Our Easter celebrations will be so much more meaningful, if we have observed this Lenten journey together!



Lent Groups

Run both "in person" and online, to suit all availability, this year we are exploring the Psalms, inspired by John Bell from the Iona Community. His book "Living with the Psalms" is a great read – but it's not necessary to have a copy to participate.

If you want to join the Wednesday sessions on Zoom, please email bryanvernon@cantab.net and he will send you the link required to join.

The Friday "in person" sessions take place in the Winskell Room in the Church Hall.

We are also cordially invited to join with Jesmond URC for their Lent Course on Pilgrimage on alternate Tuesdays at 6.30pm. Ring 0191 281 4676 for dates and more details.

Prayer

The normal pattern of weekday Morning Prayer and Holy Communion, and the Wednesday Prayer Meeting (ring Mike on 0191 285 8918 for details) continues during Lent. If you've never made this a part of your routine, why not dip a toe in the water over the next 6 weeks?

In addition, Fr Ollie is offering Stations of the Cross – a beautiful meditation on Jesus' final journey – and the ancient service of Compline (Night Prayer) at St Hilda's.

The Sacrament of Reconciliation

Many Christians value the opportunity in Lent to make an individual act of Confession with a priest. Please speak to any one of the clergy if you would find this helpful?



Holy Week

The climax of our journey in the footsteps of Jesus – each service in Holy Week is poignant and powerful – and there will be much beautiful music to help us in our meditations. Do come! There is no better way to prepare for the most joyful of Eastertides!!

Wednesday 14th February	
ASH WEDNESDAY	
8.45am	Morning Prayer at St George's
9.30am	Eucharist with Ashing at St Hilda's
7.30pm	Choral Eucharist with Ashing at St George's
Thursday 15th February	
8.45am	Morning Prayer at St George's
9.30am	Eucharist at St George's

LENT 1 – Sunday 18th February	
8am	Said Eucharist
9.30am	Sung Parish Communion with sermon on Psalm 23
6pm	Choral Evensong with farewell to Revd Pauline Pearson
Monday 19th February	
8.45am	Morning Prayer at St George's
8pm	Compline at St Hilda's
Tuesday 20th February	
8.45am	Morning Prayer at St Hilda's
9.30am	Eucharist at St Hilda's
Wednesday 21st February	
8.45am	Morning Prayer at St George's
10am	Stations of the Cross, St Hilda's
10am	Wednesday Prayer Meeting
7.30pm	on Zoom – Lent Course Session 1 – an Introduction to the Psalms
Thursday 22nd February	
8.45am	Morning Prayer at St George's
9.30am	Eucharist at St George's
Friday 23rd February	
2pm	in-person - Lent Course Session 1 – an Introduction to the Psalms

LENT 2 – Sunday 25th February	
8am	Said Eucharist
9.30am	Sung Parish Communion with sermon on Psalm 137
Monday 26th February	
8.45am	Morning Prayer at St George's
8pm	Compline at St Hilda's
Tuesday 27th February	
8.45am	Morning Prayer at St Hilda's
9.30am	Eucharist at St Hilda's
Wednesday 28th February	
8.45am	Morning Prayer at St George's
10am	Stations of the Cross, St Hilda's
10am	Wednesday Prayer Meeting
7.30pm	on Zoom – Lent Course Session 2 – Praying with the Psalms
Thursday 29th February	
8.45am	Morning Prayer at St George's
9.30am	Eucharist at St George's
Friday 1st March	
2pm	in-person - Lent Course Session 2 – Praying with the Psalms

LENT 3 – Sunday 3rd March	
8am	Said Eucharist
9.30am	Sung Parish Communion with sermon on Psalm 88
11.30am	BCP said Eucharist
Monday 4th March	
8.45am	Morning Prayer at St George's
8pm	Compline at St Hilda's

Tuesday 5th March	
8.45am	Morning Prayer at St Hilda's
9.30am	Eucharist at St Hilda's
Wednesday 6th March	
8.45am	Morning Prayer at St George's
10am	Stations of the Cross, St Hilda's
10am	Wednesday Prayer Meeting
7.30pm	on Zoom – Lent Course Session 3 – Despair in the Psalms
Thursday 7th March	
8.45am	Morning Prayer at St George's
9.30am	Eucharist at St George's
Friday 8th March	
2pm	in-person - Lent Course Session 3 – Despair in the Psalms

LENT 4 – Sunday 10th March	
MOTHERING SUNDAY	
8am	Said Eucharist
9.30am	All-Age Sung Parish Communion with interactive address on Psalm 121
6pm	Taizé Service
Monday 11th March	
8.45am	Morning Prayer at St George's
8pm	Compline at St Hilda's
Tuesday 12th March	
8.45am	Morning Prayer at St Hilda's
9.30am	Eucharist at St Hilda's
Wednesday 13th March	
8.45am	Morning Prayer at St George's
10am	Stations of the Cross, St Hilda's
10am	Wednesday Prayer Meeting
7.30pm	on Zoom – Lent Course Session 4 – Forgiveness in the Psalms
Thursday 14th March	
8.45am	Morning Prayer at St George's
9.30am	Eucharist at St George's
Friday 15th March	
2pm	in-person - Lent Course Session 4 – Forgiveness in the Psalms

LENT 5 – Sunday 17th March	
PASSION SUNDAY	
8am	Said Eucharist
9.30am	Sung Parish Communion with sermon on Psalm 22
6pm	Choral Evensong
Monday 18th March	
8.45am	Morning Prayer at St George's
8pm	Compline at St Hilda's
Tuesday 19th March	
8.45am	Morning Prayer at St Hilda's
9.30am	Eucharist at St Hilda's
Wednesday 20th March	
10am	Stations of the Cross, St Hilda's
10am	Wednesday Prayer Meeting
7.30pm	on Zoom – Lent Course Session 5 – Jesus and the Psalms
Thursday 21st March	
8.45am	Morning Prayer at St George's
9.30am	Eucharist at St George's
Friday 22nd March	
2pm	in-person - Lent Course Session 5 – Jesus and the Psalms